

Jugend Workshop

Czardas

All participants are lined up in single file lines, running from the front to the back, alternating from left to right between all-girl line, all-boy line, all-girl line, etc.

Performers doing “*Easy*” sections face 90° turn clockwise, and all steps run left/right, away from & toward front.

Performers doing “*Hard*” sections face front, and all steps run forward/backward.

Part A (repeat each entire section twice before changing sections)

Easy (16 beats)

- Right foot steps to right, left foot crosses behind to right, right foot to right, left foot crosses in front to right, right foot to right, left foot crosses behind to right, right foot to right, left foot stomps beside right (come together).
- Left foot steps to left, right foot crosses behind to left, left foot to left, right foot crosses in front to left, left foot to left, right foot crosses behind to left, left foot to left, right foot stomps beside left (come together).

Hard (8 beats + 4 beats x 2)

- Right heel touches in front, right toe touches to the right, right toe touches behind, right foot stomps back beside left (original position).
- Left heel touches in front, left toe touches to the left, left toe touches behind, left foot stomps back beside right (original position).
- Jump 45° to left/counter-clockwise (bending knees), jump back to centre (standing straight), jump 45° to right/clockwise (bending knees), and jump back to centre. **REPEAT.**

Part B (repeat each entire section twice before changing sections)

Easy (4 beats x 2 + 8 beats)

- Right foot steps to right, 180° clockwise rotation & left foot steps in same direction, 180° clockwise rotation & kick right foot in the air stepping in same direction, left foot stomps beside right. **REPEAT.**
- 8 sliding steps left back to original positions (ie. step left with left foot, bring right together, repeat).

Hard (8 beats + 4 beats x 2)

- 8 backward Russian jumps (beginning with right foot) – like skipping backwards while stomping floor
- Right foot step forward, left foot step forward, right foot brush kick and step forward, left foot stomp on the spot. **REPEAT.**

Instructions

- 1) Boys begin with **Part A Hard** while Girls begin with **Part A Easy** (doing them simultaneously to each other), then they switch with Boys doing **Easy** and Girls doing **Hard**. Then boys move on to **Part B Hard** with Girls doing **Part B Easy**, and then switching again.
- 2) On the last beat of each section; those doing **Easy** rotate 90° counter-clockwise to begin **Hard** section.
those doing **Hard** rotate 90° clockwise to begin **Easy** section.
- 3) There are 32 beats of intro once the song actually begins until dancing starts.
- 4) There are 3 parts (where *Order of Dance* is repeated), with each one faster than the one before.
- 5) There is a break between parts 1 & 2, but part 3 immediately follows part 2 (no break between 2nd fastest & fastest parts).
- 6) Order of dance:

	<u>Boys</u>	<u>Girls</u>
	Part A Hard	Part A Easy
	Part A Easy	Part A Hard
	Part B Hard	Part B Easy
	Part B Easy	Part B Hard

This pattern is repeated a total of three times, once for each of the three parts, with each part getting faster.

Song: *Black Cat / White Cat*